

# WHAT IS AN EAP?

An EAP is a program designed to offer you (the employee) and your family prompt confidential help. It provides professional assessment to help you and your family identify and resolve emotional or substance abuse problems.

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Allwell is pleased to be to be the provider of your Employee Assistance Program. With convenient locations in Coshocton, Guernsey, Morgan, Muskingum, Noble, and Perry Counties, we offer assistance for individuals, families, and groups. Our wide range of services includes help with concerns related to marriage, the elderly, children, grief, depression, and other emotional or substance abuse problems.

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EAP



Allwell Behavioral Health Services  
Corporate Office  
2845 Bell Street  
Zanesville, OH 43701  
740-454-9766



Allwell is an equal opportunity employer and provider of healthcare services. Allwell is a contract provider for Mental Health and Recovery Services Board.





# EAP

## WHY USE EAP?

Stress, pressure, and problems are part of our lives. Sometimes they can be too much. Your employer understands this and realizes that knowing what to do and who to talk to can be difficult. That's when EAP can help.

EAP helps most employees perform better at work and at home by resolving personal struggles.

## WHO NEEDS EAP?

Employees who are experiencing such concerns as:

- Depression
- Stress or Anxiety
- Grief
- Marital Difficulties
- Family Problems
- Financial Trouble
- Separation/Divorce
- Abuse
- Substance use/addiction

## SAFE AND CONFIDENTIAL

Our EAP services are completely confidential and are provided by trained professionals.

Your counselor will work with you to help you understand and resolve your problems. Sometimes what appears to be the problem is not the source of the problem, only a result of it. Our counselors will help to get to the root of the problem.

**CALL TO SCHEDULE**  
**740-454-9766**

Be sure to identify yourself as an EAP client and the name of your employer. This will ensure that you get the benefits to which you are entitled.